



UNDERCURRENTS

Newsletter of the Bluegrass Dive Club / www.bluegrassdiveclub.com

October 2010

Volume 40, Number 10

October's Club Meeting

Date: Tuesday, October 12th
Time: 7:30-PM (business)
Social at 7
Location: The Racquet Club
3900 Crosby Rd.
Program: DVD by Gorden

President's Message

By Rebecca Singer



September was a slow month for dive travel but the Key West trip is just around the corner and we wish that group good diving and look forward to exciting stories when they get back! In case anyone missed the news, our VP's husband, Jason Carty, broke his leg so any good wishes you send his way would surely be appreciated.

Our 10/12 meeting will be a video from John Geddes on the BVI trip from this summer. We have tried for several months now to show this video so we hope that all equipment problems have been resolved. We will have a back-up plan of Fiji slides from the last club trip to Fiji just in case.... 🚩



The Editor's Notes

By John Geddes



This month and next we will have pics from the Pig Roast. The "Eat and Dive Club" is alive and well ... December's pics will be from the Key West trip and we all might want to be there at that time... 🚩



2010 BGDC Officer's & Staff

Rebecca Singer, President	552-0880
Krisy Carty, Vice President	497-4333
Maryanna O'Canna, Secretary	277-2634
George Fleischmann, Treasurer	873-9539
Doug Geddes, Trip Director	224-3197
Rick Stephan, Safety Information Dir.	223-3719
Mike McCann, Webmaster	255-3937
John Geddes, Newsletter Editor	223-7926

Trip Director's Report

By Doug Geddes



Here is a list of trips that we have in the works. Check the website for more information.

Key West - October 2010 - As you are reading this newsletter we should be in Key West doing some diving or eating. We missed you not being there.

Fiji - February 2011 The Kidd's have dropped off the trip due to a grandchild being born while the trip is in progress. We wish Chrissy the best of luck with her new baby. Charlie Denham and Alan Stubbs have added on to the trip, once again making it a full boat. We have one of the waiting list, so if you have looked for a time to sign up, it is now.

Grenada - April 2011 - What an awesome trip. Reservation forms are on our website. Don't miss this new and exciting location. This is our first time going here, so don't miss it. This is Fayette Co. spring break week, so bring the kids. We have had several divers sign up this month. I think it will be a hot trip soon..

Bonaire - June 2011 Almost full, better sign up now. You won't see this price, ever again.

Eleuthra - October 2011 Is now on our website..Check it out..WOW what a great location. I know this is a ways off, but if you have an interest, please let us know. We have had several persons sign up for this awesome trip. Still plenty of space and time to sign up, but don't wait too long if you are really interested.

This is a very aggressive dive schedule and we are looking for divers for all trips. Most of them are already well under way of having a good turnout or sold out.

I know a lot of you are waiting to sign up at the last moment, but on some of these trips, if we don't get enough response we will have to cancel them, so please sign up if you are planning on going. 🚩

From the Treasurer

By George Fleischmann



2010 Membership Dues

Student (High School or College ID)	\$10.00
Single & Family (1 diver)	30.00
Family (2 or more divers)	40.00

Renewal: Please send payment to the address listed below, please make sure there is a correct indication of your mailing address, phone number and it is very important to indicate an email address.



Contact or Mail to: Bluegrass Dive Club
% George Fleischmann
9048 Clifton Road
Versailles, KY 40383-9077

New Members:: Visit the website to fill out an on-line form or to access a Microsoft WORD printable form. [CLICK HERE](#). 🚩



Safety Corner

By Rick Stephan



Note: If you've been looking at the BGDC dive calendar for the next year or so, we are VERY busy. Lots of trips to lots of places. While most of us remember basic scuba skills, we typically get into the habit of doing everything the same. When was the last dive that you had where you didn't do a giant stride entry? In my case, probably either the pontoon at Dale Hollow or the dock off Curacao... So we do need to be equipped to handle other types of entries.

This month's article is a review of entry methods and comes from the AquaViews online magazine (<http://aquaviews.net>). Read it over for a quick tune up. There may be other options as well, as some dive operators have their own directions for their customers, so be flexible and willing to learn new techniques. As always, use your common sense – based on the situation and conditions, you are responsible for your own safety.



Remember, safe diving is fun!

Scuba Basics: The Ins and Outs of Diving- Entry Methods

By Noreen

After you exit the bubble that is your scuba training, you're faced with a whole world of different types of diving. Your next dive trip could have you diving from a liveaboard, a small dive boat or shore diving from a sandy beach or even an inland lake. Since chances are, you've only learned the basic scuba entry and exit methods since your training, you're sure to be faced with some unfamiliar ways to get in the water to start a dive and exit the water after one at some point or another. To anyone used to always doing the giant stride entry into the water, suddenly having to do a backward roll off a small shaky boat can be a little intimidating. But this is due to the unfamiliarity and lack of experience. The good news is, they're all fairly simple once you've tried it.

Here's a closer look at some Entry and Exit methods to brush up your scuba skills for diving both from the shore and boats.

BOAT DIVING ENTRY METHODS

The Giant Stride Entry

Most commonly used while diving off a dive boat with a platform, but can also be used to step off a pier or jetty where the water is deep enough; this method can be best used only if the platform is steady.



- Kit up and put all your scuba gear on in the boat itself
- Put air in your BC to avoid making a negative descent
- Stand on the edge of the dive platform with the balls of your feet (in the fins, of course) on the edge.
- Then, holding your mask and regulator with the palm of your hand and fingers holding your mask in place take a big step off the platform putting one leg forward.
- Once in the water bring your legs together to return to the surface, recheck your gear and signal the boat that you're OK

TIP: Look up at the horizon when you step, to help maintain that upright position before you take that step and avoid jumping or hoping as the aim is to get as far away from the boat/platform as possible

Safety Corner Cont.

(SID Note: also, make sure no one is swimming or just under the surface of the water in the area you plan to jump.)



Backward Roll Entry

This is another common entry method and is preferred when diving from a RIB (Rigid Inflatable Boat) or small unsteady boat. The water needs to be deep for this method of entry just like in the giant stride entry.

- Put all your scuba equipment on in the boat itself
- Sit at the edge of the gunwale of the boat facing inwards with your tank facing the water
- Make sure no one or nothing is behind you in the water
- Then with your legs together bent at the knees, chin tucked in and one hand holding the mask and regulator in place, lean back and let gravity do the rest
- With the weight of the tank and gravity doing its thing, you'll be pulled into a full somersault and hit the water

Controlled Seated Entry

The controlled seated entry method is best used where the water is too shallow for a giant stride off the boat or where your boat/platform is low to the surface of the water or the platform is unsteady. This is a good entry method for disabled or older divers.

- Start by kitting up on the boat itself

- Sit at the edge of the boat/platform and using your hands on each side of you, lift yourself up and outward with your hands and lower yourself into the water.

- Care should be taken while pushing yourself off the boat that you clear both yourself and your tank from hitting the side of the dive boat or platform.

(SID Note: you can also accomplish this by doing a slight twist of your body as you move away from the boat or platform.)

SHORE DIVING ENTRY METHODS

Beach Entry/ Surf Entry

Walking into the water may sound like an easy method of entry, but wading through the surf backward while wearing heavy scuba diving equipment is no easy feat. Depending on the water conditions and your waddling skills, you may keep your fins on or in your hand. Another great option for shore divers is the shorter length "frog" fins available from several vendors, which help eliminate the problem of walking in fins while entering the water.



Safety Corner Cont.

- Hold your fins securely with one hand. (For surf entry, keep them on, along with your regulator in your mouth and mask on).
- Walk slowly backwards into the water. Make sure that your tank is facing the water as you enter the water to prevent yourself from falling face-first.
- Inflate your BC.
- Use your buddy's assistance and support to put your fins on in the water.
- As soon as you are deep enough, gently submerge and move off into deeper waters.

Rocky Surface Entry

This is one of the toughest entries and can be quite nerve wracking for some, however, it's very common in some areas, such as California. It's very important to note the conditions before such a dive as rough rocks with high swells are a recipe for disaster, if not during entry then potentially during exit.

- Avoid carrying any extra scuba accessories such as cameras or large lights, so that you can keep your hands free to steady yourself. If you require such gear, make sure you can attach it securely to your BC or it can be stowed away in pockets.
- Wear hard sole boots rather than soft booties for a better grip on the rocks and protection for your feet.
- Find a stable rock closest to the water where it's deep enough for entry and sit or lean against it while securing your fins and mask.
- Sit down and edge your body towards the entry point slowly, in a seated position, until your legs are in the water.
- Time your entry with a swell (if any) so that you hit the water at the top of the wave and allow it to carry you out.
- Once in, fin hard to move away from the rocks. 🚩

Vice President's Report

By Krisy Carty



Summer has come to an end and the temps have fallen with the new season. I hope this year's dive season was enjoyable for everyone. A group from the BGDC is heading out to Key West in a few days. I am feeling sorry for my husband, Jason, as he spent months planning this trip and is now bound to a cast and no driving/diving due to a broken leg. No worries you will be diving again soon.



Our members have been so thoughtful with donations of door prizes. Thanks to [Gary Hensley](#), [Gordon Green](#), and [Maryanne O'Canna](#) for the wonderful selection of gifts. Congrats to Charlie Denham for winning a T-shirt at the last meeting. I know you put that shirt to good use!!

It's BGDC Officer ELECTION TIME again. On November 9th, elections will be held for the 2011 dive officers. You should plan on attending this meeting to cast your vote. A nomination committee has proposed a slate of officers that were presented to the board and the following suggestions were approved:



Vice President's Report Cont.

President.....Rebecca Singer
Vice President.....Tracey Combs
TreasurerGeorge Fleischmann
SecretaryKris Harn
Dive Trip Coordinator.....Doug Geddes
Safety Information DirectorRick Stephan
Newsletter EditorJohn Geddes
WebmasterMike McCann

The slate is a suggestion only and nominations will be accepted on the floor at the November meeting. If you wish to nominate a member for office, you must nominate them and they must be willing to accept the nomination. If you have any questions regarding the election process, please contact me at drcarty@hotmail.com.

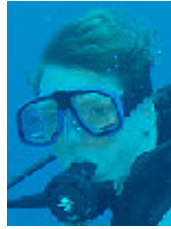


This year the election process will be organized in a manner that allows current members to ONLY nominate other current members for a specific office. Please voice nominations only. Once that member accepts the nomination, they will be given a chance to promote themselves and explain why they would make a good officer for the BGDC. I will not be in attendance at the November meeting, as I will hopefully be getting discharged from the hospital with our third child. Rick Stephan has graciously agreed to run the election process in my absence. Also, the nomination committee will be present to help with ballot votes. Thanks to Steve Gahafer and Russ Tucker for helping me with the nomination slate this year! 🚩



From The Secretary

By Maryanna O'Canna



General Meeting Minutes 9-14-10

In attendance: 31

The trip report was given by Doug:

Figi: 2 spots open

Grenada: needs more sign-ups

Bonaire: 18 signed up, can accommodate up to 40

Eleuthera: still planned

The Pig Roast at Doug and Maryann's home was a success with about 60 attending.

The program was a DVD from Indonesia.



Board Meeting

9-28-10

Present: Krisy, Mike, John, Rebecca, Doug, Rick, Maryanne

Treasurer report: George absent, Dive Assure gave us a check for \$94 to be deposited



From The Secretary Cont.

VP report: one new member (pending paid dues)
Trip report:
Key West: next week, 14 divers and 1 non-diver going



Figi: 2 openings filled with members on waiting list
Grenada: about 6 signed up
Bonaire: 24 signed up
Eleuthera: about 4 signed up
Trips for 2012 TBD



New business: Officer Elections. Krisy and the nominating committee prepared a slate which the board approved. It will be published in the newsletter. Rick will plan on conducting the election process at the November meeting. Mike will bring a DVD projector for the program at the October meeting.

Meeting adjourned 8:40. 🚩

Bluegrass Dive Club 2010 Calendar

October

12, Tuesday	Dive Club Meeting
27, Tuesday	Board Meeting



November

9, Tuesday	Dive Club Meeting (Elections)
30, Tuesday	Board Meeting



December

11, Saturday	Club Christmas Party
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The Webmaster's Tip

By Mike McCann



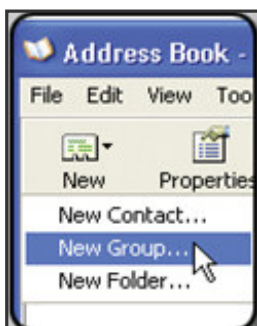
Creating an e-mail

contact group.

Do you have frequent occasions to send or forward an email to several of the same people again and again? Creating an e-mail group is the answer.

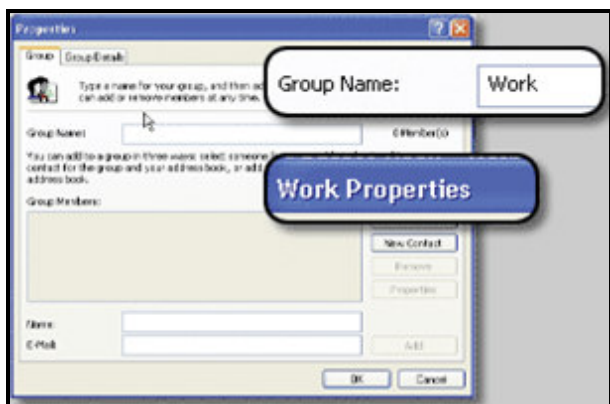
This information and pictures focus on Microsoft Outlook Express however the concept can be applied to any e-mail client. Just follow a similar trail in your particular e-mail program.

With Outlook Express open, click your cursor arrow on the "Addresses" button on the toolbar, or select "Address Book" from the "Tools" drop-down menu.

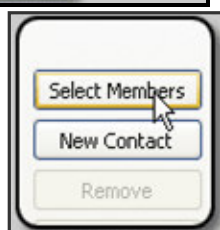


Click on the "New" button on the Address Book toolbar and select "New Group" from the drop-down menu. The "Properties" window will open.

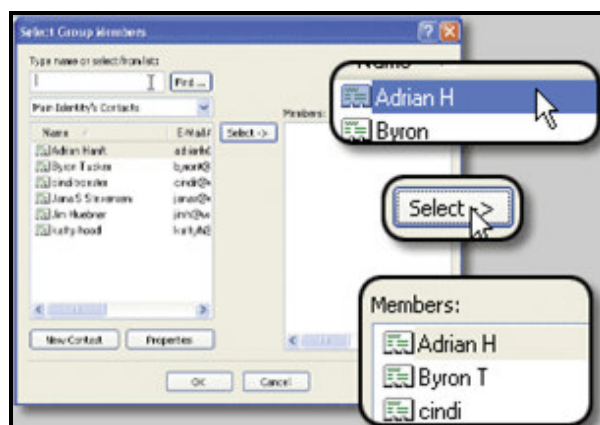
Type a name for your new group in the "Group Name" field. Work, Family, Friends, etc. are good examples. The title bar of the window will change to reflect the name you have chosen.



Click on the "Select Members" button on the right side of the window. A double-paned window titled "Select Group Members" will then open.



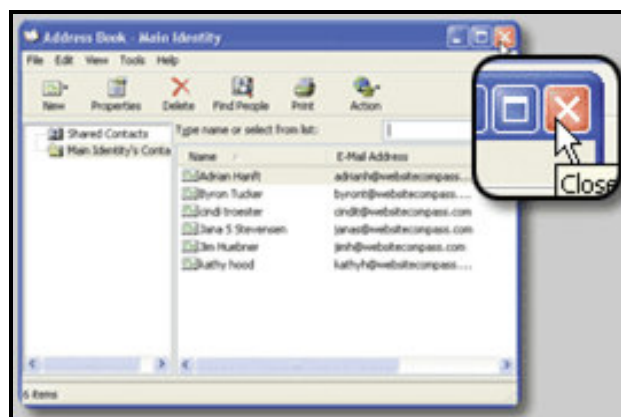
When you are finished adding addresses to your group, click the "OK" button to close the "Select Group Members" window. Then click "OK" again to close the group properties window.



When you are finished adding addresses to your group, click the "OK" button to close the "Select Group Members" window. Then click "OK" again to close the group properties window.



Click on the "X" in the upper right corner of the window to close it. Your new contact group will be listed in the left pane of the "Address book" window the next time you open it.



To send an e-mail to everyone in a contact group, simply type the name of the group in the "To:" field of the e-mail message. If you don't want people to see the rest of group's addresses, type the name of the group in the "Bcc:" field instead of the "To:" field. (If the "Bcc:" field isn't showing, click on the "View" menu and select "All Headers.").

